

## Liability Waiver

Massage therapy that will be given to the client is for stress reduction, relief from muscular tension, improved health and wellness, and for enhancing circulation.

**Scope of Practice:** We cannot diagnose or treat any illness or disability. Whenever possible we will make referrals to other healthcare professionals.

**Modesty and Areas Addressed:** The modesty of the client and therapist is protected by use of proper draping procedures at all times. The therapist will not engage in breast massage directly on the breast tissue without prior

*written* consent of the client, although the therapist may massage the rib cage, upper chest, gluteal region and thighs with client's permission. No other private areas will be massaged or touched. Any requests of this nature will result in immediate termination of the massage session and the client will be billed the full cost of that appointment.

**Intoxicants:** For safety concerns, abstain from all alcohol and other chemical substances for at least 24 hours before the appointment. If it appears that you are not sober, we will not continue the session and you will be charged the full amount for that appointment.

**Medications:** If you take prescription medications, please consult your doctor prior to your first appointment here so that we can be made aware of any side effects or contraindications that could affect your safety. This is especially important for those clients who are taking blood thinners or anti-clotting medication, pain relievers, or muscle relaxers.

**Social Relationships:** In the interest of maintaining a proper and professional relationship, we do not socialize with clients, either online or offline.

**Mutual Respect:** At all times we will respect and honor your boundaries. It is expected that this respect will be reciprocated. If it is not, the session will end and you will not receive a refund.

**Privacy:** Any information shared during the session is strictly confidential. We will not share any of this information without your written consent or legal subpoena.

**Hygiene:** Proper hygiene and cleanliness are expected of both the client and the therapist. Please refrain from using cologne, perfume, or scented lotions prior to your session since other clients may have chemical sensitivities.

**Cancellations and Rescheduling:** Cancellations must be made at least 24 hours prior to the appointment or you will be charged a cancellation fee of 50% of the full-cost of the massage. It is possible that we may call or text you to remind you of your appointment, but this is just a courtesy. Remembering your session and showing up for it is your responsibility.

If for some reason your therapist is a "no show" then we will be more than happy to provide your next massage service at no cost, as our way of apologizing for the inconvenience and thanking you for giving us a second chance.

**Lateness:** Lateness will understandably result in a shorter session. The full fee will still be charged. If we are late, that session will be at a reduced rate or free.

Please arrive a few minutes early for the massage session so that we may begin on time.

**Tips:** Your continued service and referrals are greatly appreciated. We do not accept tips.

**Changes in Policies and Fees:** You will be notified at least 30 days in advance if there will be any changes to policies or fees.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

